



AT HOME BLEACHING INSTRUCTIONS

ALWAYS BRUSH AND FLOSS PRIOR TO INSERTING TRAYS; USE A SENSITIVE TOOTHPASTE

DISPENSE A SMALL DROP (1/4 PEA SIZE) INTO THE LIP/CHEEK SIDE OF THE TOOTH WELL

INSERT TRAYS

WEAR FOR 30 MINUTES A DAY. THIS IS A HIGH CONCENTRATION OF BLEACH. DO NOT LEAVE TRAYS IN MORE THAN 30 MINUTES PER DAY!

ALTHOUGH SOME SENSITIVITY IS NORMAL, IF YOU EXPERIENCE PAIN DURING BLEACHING DISCONTINUE IMMEDIATELY AND CALL DR. HORUTZ @ 772-1205.

FOR TREATMENT OF SPOT SENSITIVITY RUB SOME SENSODYNE (OR EQUIVALENT PASTE) ONTO SENSITIVE AREAS PRIOR TO BED. DO NOT RINSE. IF SENSITIVITY PERSISTS, CALL DR. HORUTZ @ 772-1205.