



Immediate Denture Instructions

- Leave denture in place until the morning following your extractions.
- At that time, carefully remove denture and rinse under cold water. Scrub denture using a stiff bristled brush. Do not use soap, denture cleaners, or toothpaste.
- Gently rinse mouth using a teaspoon of salt and warm water. Do not spit water forcefully. Allow water to slowly fall out of mouth.
- Place denture back in mouth and repeat instructions above for the next two days.
- On the fourth day after your extractions, your denture should be removed at bedtime. Dentures should be soaked overnight. They need to stay moist to keep their shape.
- Warm salt rinses should be continued for about 7 to 10 days
- You will need to have a liquid/soft diet for the first few days following the extractions and placement of immediate denture (i.e. soups, yogurt, pasta, eggs, potatoes, bananas, and smoothies)
- Continue to follow the Oral Surgeon's instructions as well as your primary dentist.
- If sore spots occur please call your dentist for an adjustment.
- About one week after extractions and placement of immediate denture your general dentist will want to see you for a follow up visit to check the fitting of your denture and healing of gums.
- In the next few months, as your mouth heals, the denture may become loose. You may need to use an adhesive during this healing phase.